

**2018 - "Impulse Cup" WBPF International Bodybuilding &
Fitness Open Invitational Championships &
3rd Xin Jian Bodybuilding Championship**



**2018年“英派斯杯”WBPF国际健美公开赛暨
第三届辛健国际健美传统赛**

2018 "IMPULSE CUP" WBPF INVITATIONAL BODYBUILDING
CHAMPIONSHIPS CUM 3RD SERIES XIN JIAN INTERNATIONAL CLASSIC
BODYBUILDING & FITNESS CHAMPIONSHIPS.

比赛日期：2018年9月14—16日
比赛地点：青岛大学大剧院
报到地点：青岛大学学术交流中心大堂
赛事酒店：四星级酒店标准（青岛大学学术交流中心）

主办单位：亚健联国际体育中心
承办单位：青岛辛健健身管理有限公司、辛健国际体育有限公司
协办单位：英派斯集团、福日集团、亚健联国际健身学院（中国分院）
支持单位：ABBF亚洲健美健身联合会、WBPF世界健美健身联合会
总冠名商：英派斯集团



1. CHAMPIONSHIP DATE AND PLACE

Date: 14th – 16th September, 2018.

Place: Qingdao University Sports Stadium

Registration : Qingdao University Educational and Cultural Exchange Center

Hotel: Qingdao University Educational and Cultural Exchange Center (equivalent to 4 star hotel)

2. COMPETITION ORGANIZERS

Organizer: ABBF International Sports Centre, Qingdao Xin Jian Fitness Management Co. Ltd., Xin Jian International Sports Co. Ltd.

Co-Organizer: Impulse Group, Furi Group, ABBF International Fitness Academy (China),

Sanctioned By: World Bodybuilding & Physique Sports Federation (WBPF)
Asian Bodybuilding & Physique Sports Federation (ABBF)

Main Sponsor: Impulse Group

3. ADMISSION

WBPF Member Countries, China Schools and Universities, Fitness Centers and Health Clubs, or individual athletes are welcome to take part in this championship.

4. DAY TO DAY PROGRAM

Sept 14: Arrival and Registration

Sept 15: Morning: Judges Seminar (WBPF/ABBF China) - those who attend the seminar must have proper judges uniform (Grey Jacket and grey

long pants, white shirts and blue tie with WBPF/ABBF logo).

Afternoon: Press Conference / Judges briefing and weigh-in.

Sept 16: Championships (Pre-Judging and Finals)

Sept 17: Departure

5. REGISTRATION FEE AND OTHER CHARGES

(applicable for foreign athletes and officials)

USD 260.00 per person – including registration fee, 3 nights hotel

accommodation (sharing twin) and 3 meals per day, Farewell Party on 16th

night, airport-hotel-airport transportation.

6. EVENTS AND CATEGORIES

6.1 Men's Bodybuilding

Up to 65KG

Up to 70KG

Up to 75KG

Up to 80KG

Up to 85KG

Up to 90KG

- Above 90 KG

Men's Masters - 50 Yrs above - OPEN

6.2 Men's Junior – 18 yrs to 22 yrs – OPEN

Men's Bodybuilding & Men's Sports Physique

6.3 Men's Athletic Physique (3 categories)

A : Up to 170 cm (Height- 100 = bodyweight + 2 kg)

B : Up to 175 cm (Height- 100 = bodyweight + 4 kg)

C : Above 175 cm (Height- 100 = bodyweight + 6 kg)

6.4 Men's Sports Physique (3 categories)

A : Up to 172 cm

B : Up to 178 cm

C : Above 178 cm

6.5 Women's Model Physique : (3 Categories)

A : Up to 165 cm

B : Up to 170 cm

C : Above 170 cm

6.6 Women's Athletic Physique -Open

A : Up to 165 cm

B : Up to 170 cm

7. WBPf OPEN INVITATION (WITH PRIZE MONEY)

Qualifier:

Top 3 winners in WBPf championships

Top 3 winners in ABBF championships

Top 3 of 2018 Xin Jian Bodybuilding Championships (each category)

Winner of the 2016 and 2017 Xin Jian Championships (each category)

REMARKS

Each category min. 3 competitors. Less than 3 competitors, 2 categories will combine into one. Prize money will not be given twice. The Organizer will honor the prize money in higher amount, one.

PRIZE MONEY (USD 1.00 = RMB 6.20 approximately)

Men's Bodybuilding:

- 1st Placing – RMB 60,000.00
- 2nd Placing – RMB 30,000.00
- 3rd Placing – RMB 20,000.00
- 4th Placing – RMB 10,000.00
- 5th Placing – RMB 8,000.00
- 6th – 10th Placing – RMB 5,000.00 each placing

Men's Athletic Physique:

- 1st Placing – RMB 10,000.00
- 2nd Placing – RMB 8,000.00
- 3rd Placing – RMB 5,000.00
- 4th – 6th Placing – RMB 3,000.00 each placing

Men's Sports Physique:

- 1st Placing – RMB 15,000.00
- 2nd Placing – RMB 10,000.00
- 3rd Placing – RMB 8,000.00
- 4th – 6th Placing – RMB 5,000.00 each placing

Women's Model Physique:

- 1st Placing – RMB 15,000.00
- 2nd Placing – RMB 10,000.00
- 3rd Placing – RMB 8,000.00
- 4th – 6th Placing – RMB 5,000.00 each placing

Women's Athletic Physique:

- 1st Placing – RMB 10,000.00
- 2nd Placing – RMB 8,000.00
- 3rd Placing – RMB 5,000.00
- 4th – 6th Placing – RMB 3,000.00 each placing

TOTAL PRIZE MONEY: RMB 330,000.00 (Approximately USD 55,000)

Contact Person: Mr. Zhu 15863037368 (for participants in China)

Entry Form deadline : 10th August, 2018

Email : abbfchina@163.com / abbf.adm@hotmail.com

All other Rules and Regulations comply with WBPF Rules Books.