

CHE KUONG HON, DOCTOR OF LAW (LL.D) APPOINTED AS VICE-PRESIDENT OF ABBF



59 years old Che Kuong Hon, Doctor of Law (LL.D), President of Macau Bodybuilding and Fitness Association was appointed as the Vice-President of the Asian Bodybuilding and Physique Sports Federation. Che's appointment will provide a great boost to the sport of bodybuilding in Asia.

Che quoted in his email dated 1st April 2013 addressed to Datuk Paul Chua, Secretary-General of ABBF:

"Thank you for your trust on me. I will do my best to work for and support the development of Bodybuilding in Asia, of course following the resolution of the EC of ABBF and your guidance".

ABBF warmly welcome Che into the family of Bodybuilding.

Che Kuong Hon Sports Experience:

Started Judo since 1964;

Started Bodybuilding since 1970;

Macau National Judo Team member since 1968, and Macau Champion for more than 10 years, participated in many international competitions.

Judo coach since 1970.

1975 received 6 months special training of arrest technique in Tokyo Police Department.

1976-2005: Chief Instructor of Macau Security Force and Police Department;

1990-2005: Chief Instructor and Professor of Macau Police Academic and Macau Police School;

TD of Judo Events for many Asian Games, East Asian Games and South Asian Games;

ITO for many Olympic Games.